Calculation of a fluctuating entropic force by phase space sampling

James T. Waters and Harold D. Kim*

School of Physics, Georgia Institute of Technology and 832 State Street, Atlanta, Georgia 30332-0430

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A polymer chain pinned in space exerts a fluctuating force on the pin point in thermal equilibrium. The average of such fluctuating force is well understood from statistical mechanics as an entropic force, but little is known about the underlying force distribution. Here, we introduce two phase space sampling methods that can produce the equilibrium distribution of instantaneous forces exerted by a terminally pinned polymer. In these methods, both the positions and momenta of mass points representing a freely jointed chain are perturbed in accordance with the spatial constraints and the Boltzmann distribution of total energy. The constraint force for each conformation and momentum is calculated using Lagrangian dynamics. Using terminally pinned chains in space and on a surface, we show that the force distribution is highly asymmetric with both tensile and compressive forces. Most importantly, the mean of the distribution, which is equal to the entropic force, is not the most probable force even for long chains. Our work provides insights into the mechanistic origin of entropic forces, and an efficient computational tool for unbiased sampling of the phase space of a constrained system.

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I. INTRODUCTION

According to the second law of thermodynamics, a system tends to seek a higher entropy state. When the increase in entropy can be gained through a change in a spatial coordinate, an effective force emerges. This force, purely entropic in origin, is a universal phenomenon, not specific to the underlying microscopic Hamiltonian of the system. Examples of entropic force are found in all realms of physics to the surface [9,10]. For a chain tethered to a hard wall, the contribution of such fluctuating force is well understood from statistical mechanics as an entropic force, but little is known about the underlying force distribution. Here, we introduce two phase space sampling methods that can produce the equilibrium distribution of instantaneous forces exerted by a terminally pinned polymer. In these methods, both the positions and momenta of mass points representing a freely jointed chain are perturbed in accordance with the spatial constraints and the Boltzmann distribution of total energy. The constraint force for each conformation and momentum is calculated using Lagrangian dynamics. Using terminally pinned chains in space and on a surface, we show that the force distribution is highly asymmetric with both tensile and compressive forces. Most importantly, the mean of the distribution, which is equal to the entropic force, is not the most probable force even for long chains. Our work provides insights into the mechanistic origin of entropic forces, and an efficient computational tool for unbiased sampling of the phase space of a constrained system.

However, entropic force itself is induced by a fluctuating quantity [12]. Several examples in biology point to the importance of rare events that deviate from the average behavior [13,14]. Likewise, force fluctuations may have a significant impact on chemical and biological processes [15]. Therefore, finding the full distribution of instantaneous forces or its higher moments can give insights not easily accessible by statistical mechanics.

In this study, we obtain the equilibrium force distribution due to a flexible polymer pinned in space or to a surface (Fig. 1). The key idea of our approach is to make random moves in the phase space of generalized position coordinates and their conjugate momenta and calculate microscopic forces exerted by the system. The analogy between this microscopic force and the entropic force was noted by others [16–18]. Our computational approach is different from conventional Markov chain Monte Carlo methods that typically apply moves only in the position space. Because of the universality of entropic force, we expect our method to be applicable to a wide range of dynamic systems.

II. METHODS

A. Entropic force prediction

The entropic force can be found from a thermodynamic calculation,

$$F = -\frac{\partial A}{\partial r} = -k_B T \frac{\partial \log Q}{\partial r},$$

(1)

where $A$ is the free energy, $Q$ is the partition function, and $r$ is the generalized coordinate of interest. By measuring the change in the partition function as the chain is slightly displaced from the pin point, we can compute the entropic force. As shown in Fig. 1(b), when the tether is lengthened, additional conformations become available. For the full-space case, the number of additional conformations is simply proportional to the area available to the first mass point. For the half-space case, we count the fraction of chain conformations compatible with the boundary condition [19] and calculate the
small increase \((\Delta Q)\) upon varying \(r_1\) by \(\Delta r_1\) to numerically approximate Eq. (1).

\[
H(q,p) = U(q) + \frac{1}{2}p^T M^{-1}p.
\]

B. Phase space sampling

1. Monte Carlo sampling

Beginning from some initial conformation and initial generalized momenta, we can generate a set of conformations for a coarse-grained chain in a heat bath. The Hamiltonian of the chain in terms of generalized positions \((q)\) and momenta \((p)\) will be given by

\[
H(q,p) = U(q) + \frac{1}{2}p^T M^{-1}p.
\]

where the first term \(U\) is a potential energy based on chain deformation, and the second term is the kinetic energy expressed with the mass metric \(M\). For a freely jointed chain (FJC), \(U\) is zero. We use the FJC model in this study because we want to obtain forces purely entropic of origin but not due to physical interactions. The FJC model effectively coarse-grains an arbitrary polymer into Kuhn-length segments. The mass metric can be found from the Jacobian

\[
(M)_{ij} = m(J^T J)_{ij} = m \frac{\partial x_i}{\partial q_j} \frac{\partial x_k}{\partial q_j},
\]

where \(M\) depends on \(q\) in non-Cartesian space. We choose \(\theta\) and \(\phi\) angles of each link measured in the global reference frame as the generalized coordinates [Fig. 1(c)]. These are chosen over internal coordinates, as a change to the orientation of one link in the global frame will only affect two columns of the Jacobian matrix.

At each step, one of the coordinate pairs can be perturbed, and the new kinetic energy computed. The trial step can be accepted or rejected according to the Metropolis criterion on the total energy. The position coordinates can also be perturbed, which will require computing the change in kinetic energy [via a change in \(M(q)\)] before the move can be accepted or rejected.

2. Equilibrium sampling

For longer chains, we sample points in the phase space using modal velocity decomposition [20]. The key idea is that microstates specified by both \(q\) and \(p\) can be directly sampled from the probability density function \(\rho(q,p)\) to build the distribution of any microscopic variable. Our method is different from methods categorized as equilibrium sampling [21] in that we sample both positions and momenta. For a canonical ensemble, \(\rho(q,p)\) is given by

\[
\rho(q,p) dq^N dp^N \propto e^{-\frac{1}{\beta} q^T M q} dq^N dp^N,
\]

where \(\beta = 1/k_B T\). In this form, sampling individual variables \(q_i\) and \(q_j\) is not straightforward because they are coupled through \(M(q)\). Matrix diagonalization can be used to separate variables, but is not computationally efficient. Instead, the Cholesky decomposition can be used to express the symmetric, positive mass matrix as

\[
M = m \mu \mu^T,
\]

where \(\mu\) is a lower triangular matrix. By defining modal velocities as \(v = \mu^T q\), we can express the probability in a more separable form

\[
\rho(q,p) dq^N dp^N \propto \sqrt{\text{det}[M(q)]} dq^N e^{-\frac{1}{2} v^T v} dp^N v.
\]

In this form, modal velocities \((v_i)\) can be sampled independently of each other from a Gaussian distribution. However, positions \((q_i)\) become coupled through \(\text{det}[M(q)]\), which is known as the Fixman correction [22]. Hence, we adopt a hybrid approach where we first sample a microstate using normally distributed modal velocities and weight the microstate-dependent variable by the Fixman term. Calculating the determinant of the dense metric tensor is computationally intensive; however, Fixman demonstrated that this is equivalent to the determinant of a smaller, tridiagonal metric of the constrained coordinates (for details, see the Appendix).

C. Computing constraint force from positions and momenta

We consider a flexible chain terminally pinned in space or to a surface. We can use Lagrangian dynamics to calculate the constraint force as a function of positions and velocities of the \(N\) mass points. Because distances between all adjacent mass points are constant, there are \(2N + 1\) degrees of freedom. We use three Cartesian coordinates \((x_1, y_1, z_1)\) for the first mass point, and \(2(N - 1)\) angles \((\theta\) and \(\phi)\) for all other mass points of the chain [Fig. 1(c)]. Choosing generalized coordinates this way simplifies subsequent calculations. The Lagrangian is given by

\[
L = \frac{1}{2} q^T M q.
\]
For the first mass point of the chain to be radially constrained at distance $r$, we introduce a Lagrange multiplier $\lambda$,

$$L' = \frac{1}{2}q^TMq + \lambda(r_1 - r),$$

where $r_1 = \sqrt{x_1^2 + y_1^2 + z_1^2}$. Using $L'$ in the Euler-Lagrange equation with respect to $q_k = 1, 2, 3$,

$$\frac{d}{dt}(M_{ki}\dot{q}_i) = \frac{1}{2}\frac{\partial M_{kj}}{\partial q_l}\dot{q}_j\dot{q}_k + \lambda\frac{\partial r_1}{\partial q_k}.$$  

The first term on the right-hand side vanishes as $\mathbf{M}$ does not depend on the Cartesian coordinates of the first mass point. Carrying out the differentiation on the left-hand side produces an expression,

$$M_{ki}\ddot{q}_i + \frac{\partial M_{kj}}{\partial q_l}\dot{q}_j\dot{q}_k = \frac{\lambda q_k}{r_1},$$

The second derivative of these terms must be solved for using the equation of motion for the angular coordinates:

$$M_{ij}\ddot{q}_j + \frac{\partial M_{jk}}{\partial q_l}\dot{q}_j\dot{q}_k = \frac{1}{2}\frac{\partial M_{jl}}{\partial q_l}\dot{q}_j\dot{q}_k.$$  

Solving for $\ddot{q}_j$ gives us

$$\ddot{q}_j = M_{ij}^{-1}\left(-\dot{q}_j\dot{q}_k\frac{\partial M_{ik}}{\partial q_l} + \frac{1}{2}\dot{q}_j\dot{q}_k\frac{\partial M_{ik}}{\partial q_l}\right).$$

We can express this more concisely as the geodesic equation using the Christoffel connection coefficient, and making use of the symmetry in the first term under exchange of $l$ and $k$,

$$\ddot{q}_j = -\dot{q}_j\dot{q}_k\Gamma^i_{jk},$$

where

$$\Gamma^i_{jk} = \frac{1}{2}M_{il}^{-1}\left(\frac{\partial M_{jl}}{\partial q_k} + \frac{\partial M_{jk}}{\partial q_l} - \frac{\partial M_{kl}}{\partial q_j}\right).$$

Substituting this back in produces the Cartesian components of the constraint force,

$$\lambda\frac{q_k}{r_1} = \dot{q}_j\dot{q}_k\left(\frac{\partial M_{ik}}{\partial q_j} - \Gamma^i_{jk}\right) = \dot{q}_j\dot{q}_k\nabla_i M_{jk},$$

where $\nabla_i$ is the covariant derivative in the constrained subspace.

III. RESULTS

A. A single-point constraint in space

We first considered a thermally equilibrated flexible chain with one end pinned to a single point in full three-dimensional space. By using the FJC model without a potential term, we can focus solely on entropic contributions to the force. We used the Monte Carlo phase space sampling method to build a canonical ensemble of chains. As shown in Fig. 2(a), kinetic energy is not equally partitioned between the mass points of the chain due to the constraints. The mass point nearest to the pin point has $\sim 25\%$ less kinetic energy, whereas the endmost mass point has $\sim 25\%$ more. Most mass points in the middle have $k_BT$ on average, which would be expected for two degrees of freedom. Using these chain conformations and momenta, we calculated individual constraint forces from Lagrangian mechanics [Eq. (15)]. The distribution of constraint forces is highly asymmetric, including both positive and negative values with a sharp cusp. The mean constraint force is a negative pulling force and does not depend on the chain length. Due to high skewness of the distribution, the mean force ($\sim 2k_BT/a$) is larger in magnitude than the most probable force ($\sim 1k_BT/a$). The standard deviation also has little dependence on the chain length [Fig. 2(d)].

We compared this mean constraint force with the entropic force ($F$) predicted by statistical mechanics. To seek more conformations, i.e., to increase entropy, the chain would prefer detachment from the pin point. As a result, the chain exerts a radial entropic force on the pin point. If the distance ($r$) between the pin point and the first mass point increases by $\Delta r$,
the number of conformations will increase in proportion to the spherical surface spanned by the mass point. Therefore, the partition function \((Q)\) is proportional to \(4\pi r^2\), and the force at monomer distance \(a\) is given by Eq. (1),

\[
F \approx k_B T \frac{Q(a + \Delta r) - Q(a)}{\Delta r} = \frac{2k_B T}{a}.
\]

This entropic force is identical to the mean constraint force in magnitude and is also independent of chain length as shown in Fig. 2(c).

Interestingly, the mean constraint force due to the entire chain is equal to the mean centrifugal force exerted by a single mass point. A radially constrained mass point has only two degrees of freedom, and therefore, according to the equipartition theorem, its mean kinetic energy is equal to \(k_B T\). The mean of the centrifugal force \(\langle f_c \rangle\) is

\[
\langle f_c \rangle = \frac{mv^2}{2} = \frac{2k_B T}{a}.
\]

Since the energy \((E = mv^2/2)\) of a canonical ensemble is Boltzmann-distributed, the centrifugal force is exponentially distributed:

\[
p(E) dE = e^{-\beta E} dE = \frac{a}{2} e^{-\beta \sigma f_c} d\sigma f_c.
\]

As shown in Fig. 2(b), this exponential distribution (dashed line) can explain much of the distribution of negative constraint forces. However, positive forces and a significant fraction of large negative forces deviate from this distribution. This result suggests that freely jointed mass points beyond the nearest one can have a collective impact on the pin point.

To understand combined force generation by freely jointed mass points, we examined conformations that produce anomalous force values outside the range attributable to a single monomer. As shown in Fig. 3, instances where the force has the positive sign result from sharp bending and large velocities. For the simple case of a trimer in two dimensions, we can derive a condition for compressive force,

\[
\theta_2^2 \cos(\theta_2 - \theta_1) > 2\theta_1^2.
\]

This corresponds to the case where the centrifugal force exerted by \(m_2\) on \(m_1\) toward the pin point is more than twice that exerted by \(m_1\) on the pin point in the opposite direction.

![Picture](image)

**FIG. 3.** (Color online) Origin of compressive forces. Some fraction of conformations (blue) and velocities (red) produce compressive forces along the first link in the chain, in contrast to the expectation from a single link acting as a pendulum. These occur when the chain is sharply bent, and the downstream mass points are moving more rapidly than those closer to the pin point \((v_2 > v_1)\).

**B. A single-point constraint on a plane**

We next considered a flexible chain attached to a surface. This confinement geometry arises in biology problems \([23,24]\) and polymer applications \([25]\). The phase space sampling method applies the same way except that we only accept chain conformations that do not cross the boundary. We computed constraint forces at different chain lengths. As shown in Figs. 4(a) and 4(d), the distribution of constraint forces is highly asymmetric, similar to the full-space case. Most forces are exerted in the outward direction, but a significant fraction of forces are compressive. The mean constraint force increases slightly as a function of chain length up to ten monomer lengths but quickly reaches a constant value. The mean constraint force plateaus at about \(2.5 k_B T/a\), which is 25\% higher than the full-space case.

For longer chains \((N > 50)\), phase space sampling becomes computationally expensive. We therefore adopted an equilibrium sampling method to calculate constraint forces. This method requires weighting by the Fixman correction. We computed a raw force distribution (uncorrected, “x” in Fig. 4), and later applied this correction (“o” in Fig. 4). Applying the Fixman correction lowers the average value of the force, as the largest forces are correlated with the largest extensions, which have a low weighting factor. This equilibrium method after correction produces similar distributions to the Monte Carlo method, highly asymmetric with more frequent negative than positive forces.

To compute the corresponding entropic force, we consider the increase in the accepted chain conformations upon increasing the distance to the first mass point. The partition function can then be numerically differentiated using Eq. (16) to obtain the entropic force. The result did not depend on the size of displacement chosen. As shown by the red dashed line in Figs. 4(b) and 4(e), the entropic forces based on conformational space only are slightly larger than the mean constraint forces \((2.6 k_B T/a\) versus \(2.5 k_B T/a)\).

**IV. DISCUSSION**

We computed constraint forces exerted on a FJC in full space or half space by classical and statistical mechanical methods. Statistical mechanics was used to describe thermal fluctuations of the chain microstate, and classical mechanics was used to calculate the force required to constrain the chain against these thermal fluctuations. We found that the mean of constraint forces is equal to the entropic force calculated from the spatial derivative of the free energy. However, because constraint forces are asymmetrically distributed, the mean force is not equal to the most probable force. The force distribution is largely independent of the chain length beyond ten monomer lengths.

In this study, we treat the FJC as a canonical ensemble, which exchanges heat with the environment at a constant temperature. Our equilibration of microstates in the phase space is similar to the Andersen thermostat \([26]\) used in molecular dynamics with the added capability of simultaneously satisfying geometric constraints. At any instant, the mass points of the chain move with certain velocities at certain positions under the constraints set by the FJC model and the
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FIG. 4. (Color online) Chain pinned to plane. All forces are nondimensionalized in units of $k_B T/a$, and all lengths in units of $a$. (a) Distribution of forces for phase-space sampled chains. The surface effect shifts the mean of the distribution slightly, but the shape is not changed relative to the free case. The most probable force is near $-1$ shown by the vertical dotted line. Distributions are computed for different chain lengths ($N = 2, 9, 29$), from 150 K samples. (b) Mean force from chains sampled via phase space Monte Carlo (circles) and thermodynamic force from conformation space partition function (dashed line). The average force lies above the $2k_B T/a$ value of the free chain case, as additional entropy is gained by pulling away from the surface. The mean force exhibits some length dependence not seen in the free chain case; however, it quickly saturates around 5–7 links. (d) Distribution of forces for conformational space sampled chains. The same distribution observed in (a) persists as we consider longer chains ($N = 2, 9, 99$). The most probable force is near $-1$ shown by the vertical dotted line. The curves in the figure represent 300 K samples. (e) Mean force from equilibrium sampled chains, before applying the Fixman correction ($\times$) and after ($\circ$), displayed alongside the partition function prediction (dashed line). The mean force remains constant as we explore larger lengths than were accessible in (b). (f) Standard deviation for force from equilibrium sampled chains, with ($\circ$) and without ($\times$) the Fixman correction.

boundary. At a different time point, the mass points will adopt a different conformation with a different set of velocities as a result from collisions with the surrounding molecules of the heat bath. For each set of positions and momenta reset as a result of heat exchange, we calculate the microscopic constraint force.

The most nontrivial result from this study is that the force distribution is not Gaussian even in the long chain limit. Because the mass points are constrained in the freely jointed chain model, their impact on the tether are neither identical nor independent. As a result, the constraint force does not obey the central limit theorem. Consequently, the most probable value and the average value of force do not coincide with each other. Therefore, the entropic force that we derive from statistical mechanics might not be the most relevant quantity in all circumstances.

The fluctuation or second cumulant of an extensive thermodynamic variable can be easily calculated from the partition function when its conjugate intensive variable is fixed [27]. Textbook examples are energy fluctuation in a canonical ensemble and particle number fluctuation in a grand canonical ensemble. On the other hand, the fluctuation of an intensive variable such as force cannot be derived from the partition function when the conjugate extensive variable is fixed, i.e., in a fixed-distance ensemble [28,29]. Here, we use the FJC terminally constrained in full space to illustrate this point.

The constrained partition function ($Q_c$) is given by (see the Appendix)

$$Q_c(r) = \int e^{-\beta H_c(q,p)} d^2N q d^{2N} p,$$  

(20a)

$$= \int e^{-\frac{1}{2} p^T M^{-1} p} d^2N q d^{2N} p,$$  

(20b)

where $H_c$ is the Hamiltonian of the constrained chain. The mass metric $M$ is a $2N \times 2N$ matrix that depends on $2N$ global angles $q$. The dependence of the partition function on the distance between the end and the pin point ($r$) is explicitly shown. Entropic force ($F$) arises because the constrained partition function increases with $r$, which is reflected by the thermodynamic relation:

$$F = \frac{1}{\beta} \frac{\partial \log Q_c(r)}{\partial r}$$  

(21a)

$$= \int \frac{1}{\beta} e^{-\beta H_c(q,p)} \frac{d^2N q d^{2N} p}{Q_c(r)}$$  

(21b)
The entropic force can be derived. This vertical force increases taking the derivative of \( \log Q_c \) can be computed the conformational partition function as a function of long chains. Third, the conformational partition function of images yields only the vertical component of the entropic force is given by (Appendix), and therefore the second moment of the system. If the rigid constraint is relaxed to a spring, the second term is simply the stiffness \( \kappa \) of the spring. In this case, force fluctuations can be easily calculated, similar to those for a particle trapped in a harmonic potential [30,31]. However, the force fluctuation diverges in the stiff limit \( \kappa \to \infty \) [32]. Therefore, to obtain force fluctuations with a hard constraint, one has to resort to computational means.

We showed that for a terminally pinned chain in full space, our phase space sampling method produces constraint forces whose mean is equal to the entropic force \( 2k_BT/a \). Using Eq. (20b), the entropic force can be worked out analytically. Integrating out the momentum dependence of \( Q_c(r) \), one obtains

\[
Q_c(r) = \text{const} \times \int \sqrt{\text{det} (M)} d^{2N} q,
\]

where \( Q_c(r) \) depends on \( r \) through the mass metric \( M \). It can be shown that \( \sqrt{\text{det} (M)} \propto r^2 \) (Appendix), and therefore the entropic force is given by

\[
F = -\frac{2k_BT}{r}.
\]

In contrast, the entropic force due to the pinned chain in a half space is difficult to derive because the limits of integration imposed by the half plane depend on \( q \) in some complex fashion. People have used the method of images to calculate a simpler partition function in conformational space only [8,33],

\[
Q(h) \propto \int_{\text{half space}} d^{2N} q \propto e^{hN/2N}.
\]

where \( h \) is the height of the pin point from the surface. By taking the derivative of \( \log Q(h) \) with respect to \( h \), a vertical entropic force can be derived. This vertical force increases with chain length for short chains but is nearly constant at \( k_BT/h \) for long chains. This force, however, is expected to be different from the mean constraint force obtained from our phase space sampling methods for several reasons. First, the method of images yields only the vertical component of the entropic force out of mathematical convenience. Second, the analytical expression [Eq. (25)] is correct only in the Gaussian limit of long chains. Third, the conformational partition function in Eq. (25) does not include the kinetic effect. However, it is unclear if removing the kinetic effect would significantly alter the mean force prediction. Therefore, we numerically computed the conformational partition function as a function of \( r \) instead of \( h \) and obtained a thermodynamic force conjugate to \( r \) using Eq. (16). This force is only slightly larger than the entropic force obtained by phase space sampling as shown in Figs. 4(b) and 4(e).

As the chain length becomes longer, the Monte Carlo method becomes computationally expensive. A faster method is to sample conformations directly from an \textit{a priori} distribution. For example, to simulate a canonical ensemble of ideal gas, one can randomly sample velocities from the Maxwell-Boltzmann distribution and assign them to randomly positioned particles. Such equilibrium sampling, however, is not straightforward for a constrained system due to the coupling of \( p \) through \( M \). By decomposing \( M \), we can obtain modal velocities that individually obey a Gaussian distribution. Such a transformation skews the distribution by the Fixman term, which must be corrected for to unbiasedly sample the phase space. Our results show that this correction is warranted [Figs. 4(e) and 4(f)].

Both phase space sampling methods we introduce in this work are based on theoretically correct interpretations of the constrained partition function. The Monte Carlo phase space sampling method has the advantage of not requiring the Fixman correction to produce the correct average force prediction. Additionally, this method may prove more useful for geometries such as polymer chains with a constant end-to-end distance. In such cases, selecting conformations that fit a given distribution is difficult but perturbing a conformation that already lies within that distribution is comparatively easy. The chief disadvantage of this method is the computational time required to perturb the chain, and the large number of steps required to adequately explore the conformational space.

In contrast, the equilibrium phase space sampling, where uncorrelated conformations are selected, and momenta assigned after, is much quicker for free chains. This lack of correlation may more easily lend this method to large-scale parallelization as well. One minor disadvantage of this method is that it introduces a discrepancy in the mean force, unless the sampled conformations are weighted by the Fixman correction.

\[
\frac{\partial H_c(q,p)}{\partial r} = \left. \frac{\partial H_c(q,p)}{\partial r} \right|_c.
\]

The second moment of the second term can be shown to be

\[
\langle \Delta f^2 \rangle_c = \frac{1}{\beta^2} \frac{\partial^2}{\partial r^2} \log Q_c(r) + \frac{\beta^2}{\beta^2} \left. \frac{\partial^2 H_c}{\partial r^2} \right|_c.
\]

Whereas the first term can be calculated from the constrained partition function, the second term depends on the microstate of the system. If the rigid constraint is relaxed to a spring, the second term is simply the stiffness \( \kappa \) of the spring. In this case, force fluctuations can be easily calculated, similar to those for a particle trapped in a harmonic potential [30,31].

We introduced two different computational methods to sample microstates of a freely jointed chain in an unbiased manner. Unlike mainstream Monte Carlo methods that explore the conformational space only, our methods explore the complete phase space to obtain full distribution of any velocity-dependent microscopic variable in thermal equilibrium. We applied these methods to a terminally pinned chain in full space and half space to calculate constraint forces. The force distribution was non-Gaussian and asymmetric with both tensile and compressive forces. Most notably, the most likely force was smaller in magnitude than the mean force, which is more commonly considered both theoretically and experimentally. The constraint force exhibited little chain-length dependence beyond \( \sim 10 \) monomer lengths. The presence of a plane leads to a larger mean constraint force. This work can be extended to investigate fluctuating forces using more realistic polymer models and confinement.

\[
\langle \Delta f^2 \rangle_c = \frac{1}{\beta^2} \frac{\partial^2}{\partial r^2} \log Q_c(r) + \frac{\beta^2}{\beta^2} \left. \frac{\partial^2 H_c}{\partial r^2} \right|_c.
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\[
\frac{\partial H_c(q,p)}{\partial r} = \left. \frac{\partial H_c(q,p)}{\partial r} \right|_c.
\]
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APPENDIX A: DEPENDENCE OF THE MASS METRIC ON THE END CONSTRAINT

The Cartesian coordinates of the \( n \)th mass point are given by \((n \geq 2)\)

\[ x_n = x_1 + \sum_{i=2}^{N} \sin \theta_i \cos \phi_i, \]

\[ y_n = y_1 + \sum_{i=2}^{N} \sin \theta_i \sin \phi_i, \]

\[ z_n = z_1 + \sum_{i=2}^{N} \cos \theta_i. \]

It is assumed that all adjacent mass points are joined by an inextensible linker of unit length. The spherical coordinates of the first mass point are given by

\[ x_1 = r_1 \sin \theta_1 \cos \phi_1, \]

\[ y_1 = r_1 \sin \theta_1 \sin \phi_1, \]

\[ z_1 = r_1 \cos \theta_1. \]

We define two sets of generalized coordinates \( u = \{r_1, \theta_1, \phi_1\} \) and a subset of unconstrained coordinates \( q = \{\theta_i, \phi_i\} \), where \( i = 1, 2, ..., N \). The Jacobian matrix \( J \) with respect to \( u \) can be constructed from smaller Jacobians for individual mass points. The Jacobian matrix is a \( 3 \times 3 \) matrix for the first mass point:

\[
J_1 = \begin{bmatrix}
\frac{\partial x_1}{\partial r_1} & \frac{\partial x_1}{\partial \theta_1} & \frac{\partial x_1}{\partial \phi_1} \\
\frac{\partial y_1}{\partial r_1} & \frac{\partial y_1}{\partial \theta_1} & \frac{\partial y_1}{\partial \phi_1} \\
\frac{\partial z_1}{\partial r_1} & \frac{\partial z_1}{\partial \theta_1} & \frac{\partial z_1}{\partial \phi_1}
\end{bmatrix}
= \begin{bmatrix}
\sin \theta_1 \cos \phi_1 & r_1 \cos \theta_1 \cos \phi_1 & -r_1 \sin \theta_1 \sin \phi_1 \\
\sin \theta_1 \sin \phi_1 & r_1 \cos \theta_1 \sin \phi_1 & r_1 \sin \theta_1 \cos \phi_1 \\
\cos \theta_1 & -r_1 \sin \theta_1 & 0
\end{bmatrix},
\]

and a \( 3 \times 2 \) matrix for the rest:

\[
J_{i \geq 2} = \begin{bmatrix}
\frac{\partial x_i}{\partial \theta_i} & \frac{\partial x_i}{\partial \phi_i} \\
\frac{\partial y_i}{\partial \theta_i} & \frac{\partial y_i}{\partial \phi_i} \\
\frac{\partial z_i}{\partial \theta_i} & \frac{\partial z_i}{\partial \phi_i}
\end{bmatrix}
= \begin{bmatrix}
\cos \theta_i \cos \phi_i & -\sin \theta_i \sin \phi_i \\
\cos \theta_i \sin \phi_i & \sin \theta_i \cos \phi_i \\
\sin \theta_i & 0
\end{bmatrix}.
\]

The total Jacobian can be expressed as a block matrix:

\[
J = \begin{bmatrix}
J_1 & 0 & \cdots & 0 \\
J_1 & J_2 & \cdots & 0 \\
\vdots & \vdots & \ddots & \vdots \\
J_1 & J_2 & \cdots & J_N
\end{bmatrix}
\]

The mass matrix becomes a \((2N + 1) \times (2N + 1)\) square matrix:

\[
M_u = m J^T J
= \begin{bmatrix}
N_j & 0 & 0 & \cdots & 0 \\
0 & N_j & 0 & \alpha r_1 & \cdots & \alpha r_1 \\
0 & 0 & N_j & 0 & \alpha r_1 & \cdots & \alpha r_1 \\
\vdots & \vdots & \vdots & \vdots & \ddots & \ddots & \vdots \\
0 & 0 & 0 & 0 & \alpha r_1 & \cdots & \alpha r_1
\end{bmatrix},
\]

where \(\alpha r_1\) denotes terms proportional to \( r_1 \). We can obtain a \(2N \times 2N\) submatrix \(M_q\) by excluding the first row and column of \(M_u\):

\[
M_q = m \begin{bmatrix}
N_j & 0 & 0 & \cdots & 0 \\
0 & N_j & 0 & \alpha r_1 & \cdots & \alpha r_1 \\
0 & 0 & N_j & 0 & \alpha r_1 & \cdots & \alpha r_1 \\
\vdots & \vdots & \vdots & \vdots & \ddots & \ddots & \vdots \\
0 & 0 & 0 & 0 & \alpha r_1 & \cdots & \alpha r_1
\end{bmatrix}, \quad (A1)
\]

It is straightforward to show \( \det(M_q) \propto r_1^d \), which gives rise to an entropic force \( 2k_B T/r \) upon constraining \( r_1 = r \). To demonstrate this, we transform the partition function for the unconstrained system to the constrained one. We use the Hamiltonian of a freely jointed chain without the end constraint to express the partition function:

\[
Q_u = \int e^{-\frac{\beta}{2} p_u^T M_u^{-1} p_u} d^{2N+1} p_u.
\]

\( p_u \) is a vector of \(2N + 1\) momenta conjugate to \( u \). \( \delta \) functions are introduced to apply the end constraint on \( r_1 \):

\[
Q_c(r) = \int e^{-\frac{\beta}{2} p_u^T M_u^{-1} p_u} \delta(r_1 = r) \delta(\dot{r}_1) d^{2N+1} p_u.
\]

where \( r \)-dependence of the constrained partition function is explicitly shown. The \( \delta \) functions can be handled by decomposing the mass metric and using the transformation
rule $d^{2N+1} p_a = d^{2N} p_q (N m d r_1)$:

$$Q_c(r) = \int e^{-\frac{1}{2} \sum_i M_i^2 \psi_1} e^{-\frac{2}{m g^2} \delta(r_1 - r)\delta(r_1)}$$

$$\times dr_1 (N m d r_1) d^{2N} q d^{2N} p_q$$

Integrating with $p_q$, we can obtain the $r$-dependence of the partition function:

$$Q_c(r) \propto \int \sqrt{\text{det}[\mathbf{M}_q(r)]} d^{2N} q$$

(A2)

**APPENDIX B: CALCULATION OF THE METRIC DETERMINANT**

Chain conformations acquired from equilibrium sampling of the conformational space, without consideration of momentum space, will require a weighting factor given by the determinant of the metric tensor in the constrained space. The metric in the constrained space is generally dense, and so calculating the determinant $g^a$ is computationally intensive. Fixman [22] made use of the simple form of the metric determinant $g$ in the unconstrained space, to find the desired $g^a$ from the determinant $g^b$ in the smaller, orthogonal subspace spanned by the constrained dimensions:

$$g = g^a g^b \rightarrow g^a = g / g^b$$

(B1)

This is further simplified by considering the inverse $H$ of the metric $G^b$ for the orthogonal subspace of constrained dimensions. This has the form

$$H_{ij} = \sum_{k=0}^{N} \frac{\partial r_i}{\partial x_j} \frac{\partial r_j}{\partial x_k}$$

(B2)

where $r_i$ is the bond length between points $x_{i-1}$ and $x_i$. The terms in the sum are only nonzero when $i = j \pm 1$ and $k = i$ or $i - 1$. This ultimately produces a tridiagonal matrix:

$$\mathbf{H} = \begin{bmatrix}
2 & -\hat{r}_1 \cdot \hat{r}_2 & 0 & \cdots & 0 & 0 \\
-\hat{r}_1 \cdot \hat{r}_2 & 2 & -\hat{r}_2 \cdot \hat{r}_3 & \cdots & 0 & 0 \\
0 & -\hat{r}_2 \cdot \hat{r}_3 & 2 & \cdots & 0 & 0 \\
\vdots & \vdots & \vdots & \ddots & \vdots & \vdots \\
0 & 0 & 0 & \cdots & 2 & -\hat{r}_{N-1} \cdot \hat{r}_N \\
0 & 0 & 0 & \cdots & -\hat{r}_{N-1} \cdot \hat{r}_N & 2 
\end{bmatrix}$$

(B3)

Expanding this matrix in minors gives a recursive formula for the determinant $h$, where $\hat{r}_n$ is the unit relative position vector pointing from $(n-1)$th mass point to $n$th mass point:

$$h_n = 2h_{n-1} - (\hat{r}_n \cdot \hat{r}_{n-1})^2 h_{n-2}$$

(B4)

For equal mass points, we begin with the base cases $h_0 = h_1 = 1$. Note this is slightly different than the Fixman case ($h_1 = 2$) as we are also constraining the position of the first mass point. Once we have computed $h$, the determinant $g^a$ is easily found from

$$g^a = \frac{g}{h}$$

(B5)